



# # 日の出山ハイキング

## 大都会の展望台。絶景の眺望を楽しむ

Enjoy spectacular views from the metropolitan viewing platform.

### 日の出山コース (往復徒歩約2時間20分)

Mt. Hinode Course (Roundtrip approximately 2 hours and 20 minutes)



道なりのつるつる温泉方面から左へ熊野神社方面の道を平井川源流滝本川に沿って歩く。最終の蔵のある民家あたりで登山道は平井川源流を辿る林道主体の「新道コース」と、尾根上を行く「旧道コース」に分かれる。ここは快適な杉木立の中、時折のぞかせる眺望が楽しめる「旧道コース」を行くとして。つづら折れの登りが終わる頃、日本武尊が顎をかけ、関東平野を見渡したという「顎掛岩」を経て、麻生山方面と都心の眺望がすばらしいクロモ岩を過ぎれば山頂はもうすぐ。山頂付近は山城のように石組みで急勾配の階段になる。山頂からは都心や関東平野が一望でき南方には丹沢山系が良く望める。後方の山に見えるのは御岳山の神社だ。下山は上ってきた「旧道」を下るか、「平井川源流の碑」のある「新道」を下る。

Walk about 200 meters from the Matsuo bus stop and get on the path that runs along the Takimoto River, which travels left from the path headed towards the Tsuru Tsuru Hot Springs. The mountain trail divides into two trails just past the house with a warehouse: a new trail that follows the river and an old trail that follows a ridge. This time, take the old trail which has spectacular views. Go past the Agokake rock where it is said that Yamato Takeruno Mikoto (a Japanese God) set his chin so he could look over the Kanto Plains. You are near the summit after passing the Kuromo rock where the views towards Mt. Aso and the center of the city are magnificent. From the summit you can have an unhindered view of city center as well as the Kanto Plains. (To the south are the Tanzawa Mountains. Mt. Mitake is visible behind them.) For the descent, you may take the old trail from which you came, or you may go down on the new trail, which has the monument of the source of the Hiraigawa River.



## 白岩の滝の連瀑が魅力の渓谷沿いに行く

Go along the ravine where the sequential waterfalls of the Shiraiwa-no-Taki waterfall are glamorous.

### 白岩の滝～日の出山コース (往復徒歩約4時間40分)

Shiraiwa-no-Taki Waterfall～Mt. Hinode Course (approximately 4 hours and 40 minutes)



白岩滝のバス停から白岩橋を渡り、タルクゴ沢沿いの林道に行く。15分ほどすると渓谷沿いの「白岩の滝遊歩道」が始まる。雨乞橋を渡り登っていくと、末広がりに流下する滝が現れる。上流に進むと岩肌を滑り落ちる上段の滝、その上には垂直に流れ落ちる落差15mの滝と続き、この一連の連瀑群を総称して白岩の滝と呼ぶ。渓谷沿いの道をもう少し上ると①タルクゴ林道に一度交差する。林道を横切り、さらに沢沿いの狭い山道をつめる。途中の水場で一服し、しばらく行くと麻生山林道にぶつかる。ここは②林道にわずかに道標に従い、左手の林を上れば稜線に出る。正面に日の出山、左奥に御岳山、大岳山の山並みが望める。杉林の尾根を15分も歩けば、クロモ岩あたりで日の出山コースと合流する。(下山は日の出山コースへ)

Cross the Shiraiwa-bashi Bridge from the Shiraiwa-taki bus stop and take the woodland path which goes along the Tarukubo swamp. If you walk about 15 minutes, you will come to the start of the Shiraiwa-no-Taki Waterfall recreational trail, which goes along a ravine. When you climb over the Amagoi-bashi Bridge, you will see various continuing waterfalls. This chain of sequential waterfalls is collectively referred to as the Shiraiwa-no-Taki Waterfall. The mountain trail intersects the woodland path once. Cross the woodland path and go further up the mountain path along on the swamp. After a short while the mountain trail will run into the Mt. Asao woodland path. Follow the signpost without leaving the woodland path, and if you go up the woods on the left side, you will come out on a mountain ridge. You can see the mountain range of Mt. Hinode in front and Mt. Odake and Mt. Mitake in the back left. If you walk the cedar ridge for 15 minutes, the path will merge with the Mt. Hinode Course near the Kuromo rock. (Go to the Mt. Hinode Course for descent)



日の出山コースにて下山の場合 約3.5時間